



Holiday Activity Booklet!

CDS BOUTIQUE - ALL RIGHTS RESERVED





Easy Recipe Ideas!

Here are some perfect sweet recipe ideas to do with your residents as a holiday activity!



Chocolate Strawberries!

Melt milk chocolate and let it cool just until it thickens a little. Dry each strawberry before dipping it in the chocolate. Then, melt white chocolate and pour it in a freezer bag. Cut off just a small piece of the corner so that the residents can create dashes of white chocolate on the milk chocolate strawberries. Put the strawberries in the fridge for a few hours so the chocolate can harden and enjoy!



Cake Pop!

So easy to make! Bake a cake mix from the grocery store. Let cool and crumble the chocolate cake with your fingers. Add cake frosting to the mixture until it forms a dough. Shape into balls and add to a baking sheet lined with parchment paper. Freeze for 15 minutes. Meanwhile, melt chocolate. Add a small stick to each ball and dip the balls into the chocolate. Let the residents decorate them. Put them back on the plate and refrigerate for 2 hours.





Christmas Tree Cupcake

Another very easy recipe to make with your residents. Simply bake a cupcake mix from the grocery store. Prepare green frosting and a few edible decorating balls to recreate Christmas ornaments and a star. If you don't have a piping bag, you can use a freezer bag by cutting off a small piece of the corner. Let them create their tree!

Holiday Word Scramble!

Find the suggested words from the list below inside the grid.
The words can be written horizontally, vertically
backwards or diagonally.



T	W	Y	N	B	F	Z	L	E	L	F	I	E	J
S	D	Y	U	I	T	R	E	E	H	X	X	D	S
X	L	D	K	U	H	N	B	T	I	X	X	Q	V
C	V	W	Y	C	H	U	R	C	H	A	O	D	J
R	J	S	O	L	D	I	E	R	S	V	R	V	U
Q	R	C	O	G	V	M	T	O	Y	S	S	U	W
D	J	L	O	G	L	L	N	A	H	Q	L	J	C
T	S	K	A	T	E	S	A	T	M	N	A	L	X
N	Y	F	K	T	T	T	V	O	C	B	Z	Q	N
C	B	E	P	T	U	R	K	E	Y	M	V	E	D
F	F	J	G	F	Z	Q	U	T	E	S	T	A	R
D	Y	F	I	C	U	S	L	E	I	G	H	T	C
O	G	Q	F	Z	R	Z	Y	S	N	O	W	K	K
X	C	A	N	D	L	E	I	W	S	N	F	L	V

Candle

Log

Turkey

Toys

Elf

Snow

Tree

Soldiers

Star

Skates

Sleigh

Church

The Holiday Classics

Put the words of these beautiful holiday songs in order!



1. just about so be i'll I'll a have without christmas you blue you blue thinking

2. having wonderful christmastime a simply We're

4. Oh fire so is is outside the frightful but delightful the weather

5. very a the red-nosed reindeer shiny nose had Rudolph

6. like to It's look beginning lot Christmas a



Colour Me!



Talk and Reminiscence

Theme: Your Holiday Season!

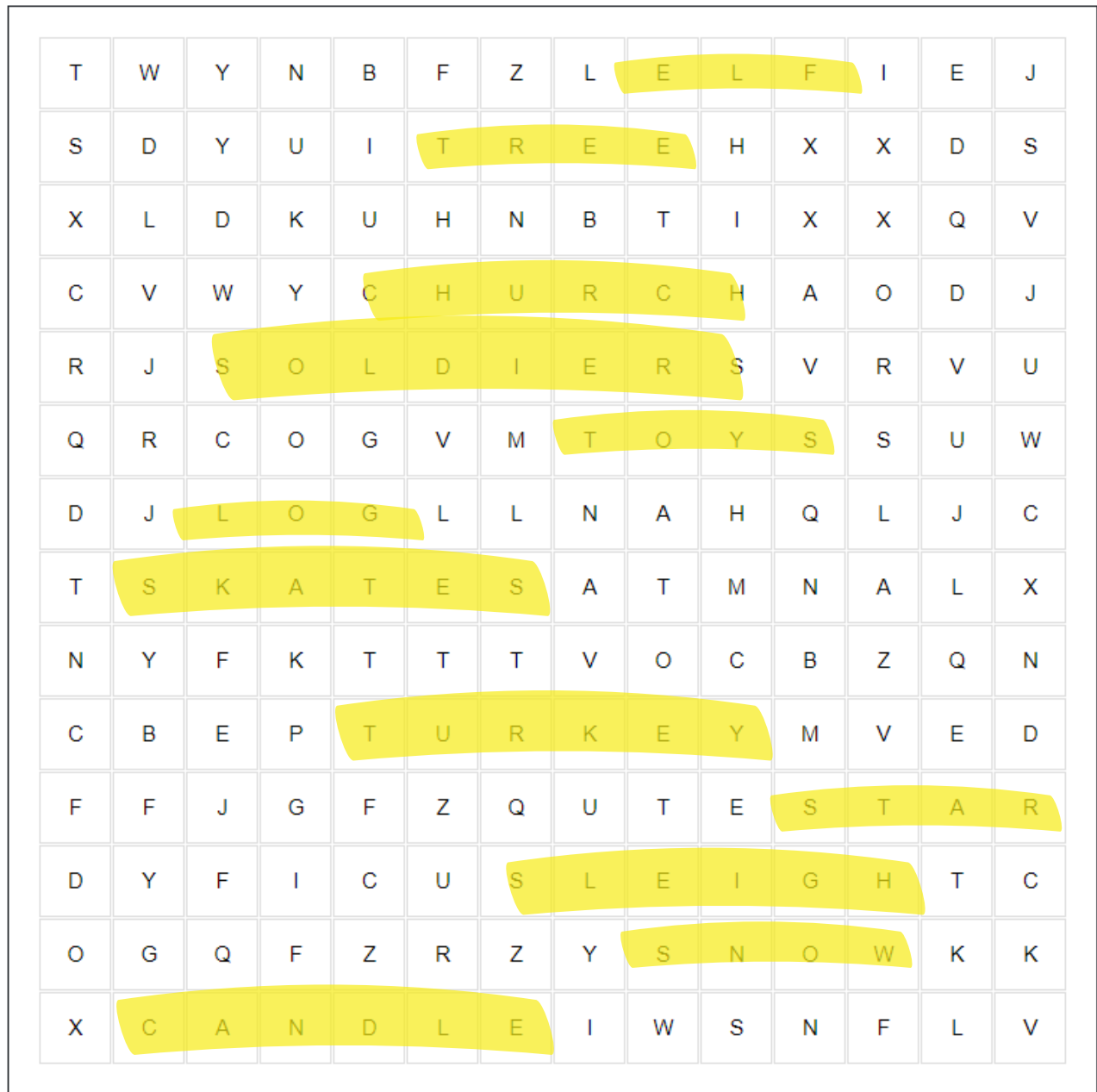


This activity is designed to encourage communication between participants. You will have different themes that will engage the group in discussion and bring back memories for everyone. You can read the questions or sentences out loud and then start the discussion!

- What were your holiday traditions? Did you go to midnight mass? Did you give Christmas cards to your loved ones?
- Turkey, fruitcake, ham, gingerbread houses, so many good things to cook at the holidays. Tell me about a dish you looked forward to eating at the holidays.
- Holiday music brings back fond memories. Let's sing along! (visit our YouTube page for our holiday playlist)
- Did you participate in winter sports? Skiing, skating, sledding?

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Put the words of these beautiful holiday songs in order!



1. I'll have a blue Christmas without you I'll be so blue just thinking about you

2. We're simply having a wonderful Christmastime

4. Oh the weather outside is frightful but the fire is so delightful

5. Rudolph the Red-Nosed Reindeer had a very shiny nose

6. It's beginning to look a lot like Christmas
